

November 25, 2013

To whom it may concern,

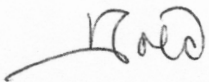
As part of the organizing committee of the October 2013 Vancouver conference, *Wellspring: Encounters with Trauma, Hope and Healing*, it is my pleasure to write a reference for Mariah Moser, MA, RPC, SEP who I have known as a facilitator, instructor and presenter.

The Wellspring Conference provided an experiential forum for health professionals and community workers to build skills that support the practices of trauma informed care. The well attended workshop presented by Mariah Moser, *The Somatic Approach to Attachment Trauma* covered topics such as the psycho-physiology of trauma and trauma treatment, somatic therapy, attachment theory and attachment healing.

In the time I have known Mariah, I have found her to be an engaging and lively presenter with a deep understanding of the dynamics of trauma. She is able to synthesize the latest research with treatment approaches, (theories, approaches and modalities) and enlivens this material with participatory exercises. She is able to tailor material to a group of diverse participants and I have found her to be professional and well attuned to the needs and interests of the group.

I recommend her as a gifted facilitator and instructor and wish her the best in all of her endeavours.

Sincerely,



Fiona Gold

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