

August 28, 2015

Re: J. Mariah Moser

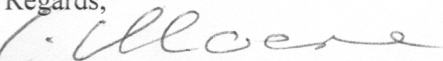
To Whom It May Concern,

It is a pleasure to write this reference letter for Mariah who I have known professionally and personally since 2009. I first met Mariah when our organization was searching for a suitable therapist to facilitate a workshop for adult adoptees dealing with unresolved trauma and attachment issues. It became immediately clear that we had found a good fit with Mariah. Her ability to connect and her genuine warmth and caring make her easy to work with. Her expertise in Somatic Therapy and her experience facilitating groups were evident and greatly appreciated by myself and my colleagues as well as by the participants of the introductory workshop in May 2010. Based on the success and positive feedback from that workshop, we planned to offer a more in-depth follow-up workshop that came to fruition several years later with Mariah's help.

Mariah tailored a hands-on somatic-based weekend workshop for our members in the Fall of 2014, integrating relevant aspects of neurobiology and human attachment with new knowledge about adoption-specific concerns. We felt it broke new ground in accessing and resolving adoption-related issues. Mariah was an outstanding facilitator, working in uncharted territory with a diverse group. Her professional skills and knowledge and her ability to connect carried the weekend, and once again the participants gave glowing assessments of their experience and asked for more. It has been easy working with Mariah: she is flexible, accommodating and adaptable, and brings confidence-inspiring knowledge and skills to her work as a therapeutic facilitator.

I highly recommend Mariah to any individual or group wanting a talented and flexible Somatic therapist and group facilitator. I look forward to continuing our work together and wish Mariah all the best in her future endeavours.

Regards,



Catherine Moore

Co-Founder of the Adoptees Association