



Aboriginal
Wellness



Program

ABORIGINAL HEALTH STRATEGIC INITIATIVES

Suite 288 – 2750 East Hastings Street, Vancouver B.C. V5K 1Z9 **Tel:** 604-675-2551 **Fax:** 604-675-2552

August 24, 2015

TO WHOM IT MAY CONCERN:

Re: Mariah Moser

I write this letter on behalf of the three counsellors (all of whom are at a Master's level) of the Aboriginal Wellness Program, which is a program of Vancouver Coastal Health Authority. Mariah Moser was contracted to deliver for Aboriginal Wellness Program counsellors a six –day training program in Somatic Approaches to Trauma Resolution.

We can recommend Ms. Moser's services highly as she has brought the following qualities to the training she has done for our counsellors:

- Up to date research and information regarding somatic approaches to trauma resolution
- Well organized presentations
- Presentation style that balances didactic and experiential components in a way that maximizes learning
- Collaborative approach to developing content in a way that meets the needs of the learners.

The training delivered by Ms. Moser has been very relevant and useful for the work done by the counsellors in this program.

Sincerely,

Heather Whiteford, MSW, RSW

Clinical Supervisor

Aboriginal Wellness Program

Vision/Wholeness: Spirit Centred * Respect/Harmony * Kindness * Honesty/Integrity * Sharing
Strength/Bravery/Courage * Wisdom * Respect/Humility